



NPSC – Parents Guide to our COVID Policies

August 18, 2020

Thank you so much for being a part of our club, we know returning to play is important for all of our kids and we want to make it as safe as possible. In addition to the usual registration, uniforms and driving to practices and games, this season will have some new responsibilities for our parents. This document will hopefully serve to simplify those responsibilities so we can quickly get the kids on the field.

COVID Questions – npscovidtracking@gmail.com

General Questions – info@npsoccerclub.org

Send in documents before the start of the season

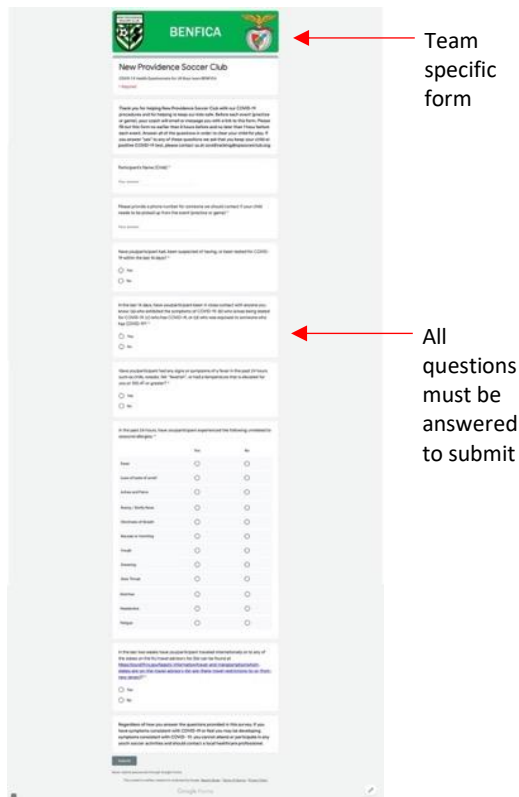
Everyone participating in the NPSC Fall season will have to submit a signed **Medical Release and Waiver of Liability** and a **NPSC COVID-19 Safety Protocol document**. You can find these documents on our website [here](#) and [here](#). You can also see a short video on how to find them [here](#). Please print out the both documents (all pages), sign the signature page and either scan or take a picture of each page and email it to npscovidtracking@gmail.com. It's important to include ALL the pages of both documents and not just the last page.

Anyone who has not submitted both documents will NOT be allowed to play. If a parent arrives at an event (practice or game) and has a paper copy of the documents, they will be directed to take pictures email them to npscovidtracking@gmail.com. However, they will still need to wait to be cleared by NPSC, so their child will not be able to practice that day.

If you don't have a scanner – you can use the “Notes” app on your iPhone (instructions [here](#)) or the “Google Drive” app on any phone (instructions [here](#)) and email the document to us when you're done.

Complete the health questionnaire before each event

Everyone participating in each event (practice or game) will need to fill out our team-specific COVID questionnaire no earlier than 8 hours and no later than 1 hour before the event. Coaches will be checking to see that your child's questionnaire is completed and any child without a completed questionnaire will not be allowed to participate. Here's what you'll need to do:



1. **Visit the link that will be sent to you from your coach.** It will lead you to the questionnaire that is specifically for your child’s team. You’ll see the team name at the top of the form.
2. **Fill out the questionnaire truthfully.** Please answer all of the questions fully and truthfully. If your answer to any of the questions on the form is “Yes” – please do not bring your child to the event. Do not attend any practices or games until you can answer all of the questions “No”
3. **Submit the form.** Once you’ve answered all the questions submit the form so your child’s coach can confirm eligibility to play that day.

Questionnaire links – for each team:

| | | | | | |
|------|-----------|---|------|------------|---|
| U9B | Benfica | https://forms.gle/tCfqidkn88nGkYxv7 | U9G | Spirit | https://forms.gle/PrHDz8f4XHHQV39U6 |
| U9B | Sporting | https://forms.gle/aXq9oqu6ut5sqtbx9 | U9G | Sky Blue | https://forms.gle/4HwhSkH7mH8AmgEA6 |
| U9B | Wolves | https://forms.gle/M7g3cou66QT69zqz5 | U10G | Courage | https://forms.gle/k9cAt7KtMLUjjesw6 |
| U10B | Everton | https://forms.gle/BWcbYN3UqeFRuRfv5 | U11G | Fusion | https://forms.gle/vyiGP9RRRyzosiKN6 |
| U10B | Liverpool | https://forms.gle/cauiMghkppcAM9bdA | U11G | Sparks | https://forms.gle/sM3mSRYQSSLbMVro8 |
| U11B | Barca | https://forms.gle/SqkwF xay917pJtd9 | U12G | Celtic | https://forms.gle/xUK2RcHt7TM3AFvYA |
| U11B | Real | https://forms.gle/B3zfY2mgd8f1i3wK9 | U13G | Pride | https://forms.gle/dr29xdG7FyNJubpB7 |
| U12B | Bayern | https://forms.gle/iqdgjSi2EMuJCyfK6 | U14G | Revolution | https://forms.gle/5ynMejqoXM3tJDKM7 |
| U13B | Spurs | https://forms.gle/yLnR3AtnMpTjbZy36 | | | |
| U13B | Roma | https://forms.gle/4TNA2g658njg7awp9 | | | |
| U14B | Rowdies | https://forms.gle/mkJ8vkHPxTrPwJdz9 | | | |

Coach temperature checks at event arrival

As kids arrive at practice or games, coaches will check their temperature with a no-contact thermometer. If a child has a temperature of 100.4 or higher, they may not participate in practice and must go home.

Parent Responsibilities:

- Complete and email the **Medical Release and Waiver of Liability** and a **NPSC COVID-19 Safety Protocol document**
- Truthfully fill out the health questionnaire before each session
- Ensure washing (e.g, hands) takes place before and after every training and game
- Ensure clothes and equipment are sanitized before and after every training and game
- Check your child's temperature before any team related event
- Notify your club immediately if your child becomes ill
- Ensure your child has sanitizing products and plenty of water
- Parents are not allowed on the field for practice, and should practice social distancing guidelines at games
- **See detailed protocols on the NPSC COVID- 19 HUB [HERE](#).**

Player Responsibilities:

- Bring and use hand sanitizer
- Be open and transparent with coach
- Place bags and equipment at least 6 feet apart
- Do not touch or share anyone else's equipment, water, food or bags
- No group celebrations, high-5s, hugs, handshakes, fist-bumps, etc.
- Respect and practice physical distancing
- Wear mask before and immediately after events
- Wash hands thoroughly and immediately after events
- Wash and sanitize all equipment before and after events
- **See detailed protocols on the NPSC COVID- 19 HUB [HERE](#).**